DAY 1

**Intentions:**
- Form & Foundation our workshop community
- Form on-going learning groups
- Explore IDENTITY and THE FORMATION OF VALUING
- Introduce and practice the Three Circle Model

**Activities**
- Movement
- Honoring and Bringing Ourselves In
- Introducing goals and FRAMEWORKS
- Scenes from the film & analysis
- Interaction with ASPECTS OF IDENTITY
DAY 2

**Intentions:**
- Define and understand in greater depth KEY DIVERSITY TERMS
- Understand PATTERNS OF DIVERSITY/PATTERNS OF DISCRIMINATION
- Practice using FRAMEWORKS in order to increase ability to perceive and to identify complex dynamics playing out in real time
- FRAMING THE INTERVENTION ~ How big of a job are we signing on for? (within ourselves and in the world at large)
- Explore SEXUALITY & the significance of this lens

**Activities**
- Movement
- Unloosening Our Terminology ~ a BD101 theatre game
- Discussion of key FRAMEWORKS
- Continue with film
- What’s Sexuality Got to Do with it?”
**DAY 3**

**Intentions:**
- Review previously presented models and reinforce the learning
- Understand how to move BEYOND GUILT & BLAME ~ a very different approach
- Stimulate new ways of thinking about essential identity
- Application of this new thinking – An INTENSIVE LABORATORY experience

**Activities**
- Movement
- In-depth practice in diagnosing core issues
- Interactive practice in USE OF POWER
- Experience diversity workshop tools grounded in the oppressor model and methods of constructively transforming that dynamic
DAILY 4

Intentions:
• Review previously presented models and reinforce the learning
• Practice DIAGNOSING ON MANY LEVELS AT ONCE
• Learn effective Workshop Design & Facilitation
• Practice in Facilitation

Activities
• Movement
• In-depth work with small learning groups
• Work in Design Teams
• Participate in activities designed by fellow workshop members
SAMPLE WORKSHOP FLOW

DAY 5

Intentions:
• Practice in Giving and Receiving Feedback ~ essential skills
• Skills Assessment and Consideration of Back-Home work
• Learning Review & Documentation
• Closing and Appreciation

Activities
• Movement
• In-depth work with small learning groups
• Work in Design Teams
• Participate in activities designed by fellow workshop members